

FICTION  
fiber

a knitting pattern  
by Catie Robbins

# *Sports!*

SOCKS

*A super easy, basic sock for  
beginners to sock knitting!*

# *Materials*

## **SPORTS! SOCK KIT INCLUDES:**

- (1) Sock pattern*
- (1) ball of yarn for main color (MC)*
- (2) balls of yarn for heel and toe colors*
- (1) ball of yarn for accent stripe color on cuff*

*All yarns are hand-dyed in Los Angeles, CA, on all natural fibers.*

## **NEEDED:**

### *Needles:*

*Size 2 US circular needles (any length cord) or 4 double-pointed needles (dpns)*

*Tapestry Needle*

*Scissors*

*(2) Stitchmarkers*

## Abbreviations

*CO: cast on*

*BO: bind off*

*BOR: beginning of row*

*k: knit*

*kwise: knitwise (as if to knit)*

*p: purl*

*pwise: purlwise (as if to purl)*

*LN: left needle*

*ml: make 1 st*

*rep: repeat*

*M: marker*

*MC: Main Color*

*PM: place marker*

*pu: pick up\**

*puk: pick up and knit\**

*SM: slip marker*

*sl: slip*

*ssk: slip slip knit (one at a time kwise)*

*sts: stitches*

*rem: remaining*

*rep: repeat*

*rnd: round*

*RN: right needle*

*RS: right side*

*w&t: wrap and turn\**

*WS: wrong side*

*\*see Special Techniques for more*

# Special Techniques

## Join in the Round

*Sl1 pwise from LN to RN. Insert LN into last cast-on stitch on RN and pass over sl st.*

## Kitchener Stitch

*Arrange sts onto two needles such that half of the stitches are on one needle and half are on the other. For socks, the sts for the top of the toe are on one needle and the sts for the bottom are on the other. Push all sts close to the end of the needles without letting them fall off. Break yarn leaving tail of approx. 16 inches, then thread tail onto tapestry needle.*

*SET-UP STEP 1: Hold the needles in your left hand. Insert tapestry needle pwise through first stitch on the front needle. Pull yarn through, leaving the stitch on front (knitting) needle.*

*SET-UP STEP 2: Insert tapestry needle kwise through first stitch on the back needle and pull the yarn through, leaving the stitch on the back needle.*

*Rep Kitchener Repeat below with light tension until all stitches have been worked:*

*STEP 1: Insert tapestry needle kwise through the first stitch on the front needle and pull the yarn through, removing the stitch from the needle.*

*STEP 2: Insert tapestry needle pwise through the first stitch on the front needle and pull the yarn through, leaving the stitch on the needle.*

*STEP 3: Insert tapestry needle pwise through the first stitch on the back needle and pull the yarn through, removing the stitch.*

*STEP 4: Insert tapestry needle kwise through the first stitch on the back needle and pull the yarn through, leaving the stitch.*

## *Identifying wrapped stitches*

*Looking closely, you should be able to see a bar of yarn looped around the outer edge of the first and last stitch.*

### *Wrap & Turn (w&t)*

#### *Wrap*

*While working RS, bring the yarn to the front of the work (towards you) and slip the last stitch onto the right needle instead of knitting it. (Do not twist it when you slip it.)*

*While working WS, bring yarn to back of work and slip the last stitch onto the right needle instead of knitting it. (Do not twist it when you slip it.)*

#### *Turn*

*Turn the work around as when working flat, in order to then work the other side.*

### *Picking Up Wraps and PUK, PUP*

*Pick-up wrap (pu): slip right needle into the wrap and tug it up over the nose of the left needle so that it also encircles the left needle, next to the original stitch.*

*puk: pick-up wrap and knit the original stitch together with the wrap(s).*

*pup: pick-up and purl the original stitch together with wrap(s)*

# Pattern Instructions

## Cuff

*CO 65 sts with MC and join in the round. (64 rem)  
PM to mark BOR.*

*Rnd 1: \*k2, p2\* to BOR*

*Rnd 2-3: Rep Rnd 1. Do not break yarn. Attach yarn for Stripe Color.*

*Rnd 4-5 Rep Rnd 1 using Stripe Color. Do not break yarn.*

*Rnd 6-7: Rep Rnd 1 using MC.*

*Rnd 8-9: Rep Rnd 1 using Stripe Color. Break yarn for Stripe Color.*

*Rnd 10-18: Rep Rnd 1 using MC. Attach yarn for Heel Color.*

## Set-Up for Heel

*Rnd 19: K 32, PM for side, SM, k to 1 st bef BOR, w&t.*

*Do not break yarn. Attach yarn for Heel Color. From here, heel is worked back and forth in short rows.*

*Row 20 (WS): With Heel Color, p to 1 st bef SM, w&t.*

## Heel

*Continue using Heel Color.*

*Row 21 (RS): k to 1 st bef last wrapped st\*, w&t.*

*Row 22 (WS): p to 1 st bef last wrapped st, w&t.*

*\*See Special Techniques for help identifying wrapped stitches.*

*Rep last two rows 9x each (18 additional rows total) until 12 sts rem (unwrapped) between wrapped sts. This completes the first section of the heel. The next section completes the heel while picking up wrapped sts to resolve them. See Special Techniques for help with picking up and knitting (puk) and picking up and purling (pup).*

*Row 41 (RS): k\* to first wrapped st\*, puk, w&t next st.*

*Row 42 (WS): p to first wrapped st, pup, w&t next st.*

*Rows 43-60: Rep last two rows 9x each (18 additional rows total) until all but two wraps have been picked up. Break yarn.*

## Foot

*Attach yarn for MC. In the next row, work continues in the round from BOR.*

*Rnd 61: k to wrapped st, puk, k to next wrapped st, puk, k to end. This resolves all wrapped stitches.*

*Rnds 62-82: Knit.*

## Length Check

*Try the sock on to check length. The following section for Toe will add about 2". Stop adding rows when you have enough fabric to cover up your foot minus 2".*

*Before moving on to toe section that follows, ensure BOR and side stitch marker in place with 32 stitches between them. Break yarn.*

## Toe

*Attach yarn for Toe Color.*

*Rnd 1 (Toe): \*k1, ssk, k to 3 sts before side marker, k2tog, k1.\* SM, rep \* to \*. (2 sts dec)*

*Rnd 2 (Toe): k all.*

*Rep last two rnds until 24 sts rem.*

*Close up toe using Kitchener Stitch (See Special Techniques).*

*May we all be permitted to look like we do sports;  
not only those who have "gone to practice."*

# Knit socks!

## ABOUT THE AUTHOR

Catie Robbins is the dyer behind indie yarn brand Fiction Fiber based out of Los Angeles, Ca. Her yarn colorways are designed with unique palettes to inspire daring color pairings for the knit and crochet community. Her other knitting patterns include *Sleuth Beret*, *Redware Mini-Shawl*, which was published in Pom Pom Quarterly, *The Notions Pouch*, and *Miss Maggie May Merriweather's Fancy Folk Socks!* You can see all of her yarns and patterns at [www.fictionfiber.com](http://www.fictionfiber.com), and follow her latest projects on Instagram at [@fictionfiber](https://www.instagram.com/fictionfiber).

*Just a pigment of  
your imagination.*

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